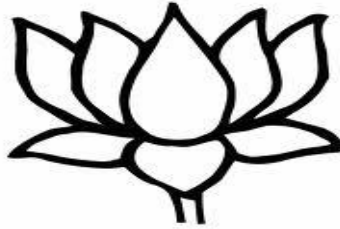


# **YOGA FOR YOU**



**WITH MARIE MILLS**

***AYURVEDA AND YOGA PRACTITIONER***

**START WEDNESDAY 18<sup>TH</sup> JAN 2012**

***7PM-8PM or 8PM-9:15PM***      *€70 for Six classes*

**AND**

**THURSDAY MORNING 19<sup>TH</sup> JAN 2012**

**10am-11am**      *€35 for Three classes*

**All Classes at *Fionnuisce, Bandon***

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Or google marie mills yoga ***www.contemporaryayurveda.com***